

Rhayader Running Club social distancing 5k series

1st Race results

1st	Name
Under 20 f	Mackenzie Court
Senior f	Ffion Price
v35 f	Donna Morris
v45 f	Julie Knill
v55 f	Maggie Collingborn
v65 f	Rose Thomas
1st Wheelchair	Julie Lawrenson
Under 20 m	Deri McCluskey
Senior m	Robert Nicholls
v35 m	Edward Land
v45 m	Paul Williams
v55 m	Justin Baird Murray
v65 m	Steve Orrells
v75 m	Ray Sharratt

Position	Name	gender	age group	Time
1	Edward Land	m	v35	16.47
2	Owain Schiavone	M	v35	17.01
3	Ffion Price	F	Senior	18.01
4	Deri McCluskey (15)	m	Senior	18.27
5	Paul Williams	m	v45	18.28
6	Robert Nicholls	m	Senior	18.29
7	Gareth Lawrence	M	Senior	18.59
8	Gareth Meardon	m	v35	19
9	Hadyn O'Reilly	M	v35	19.12
10	Justin Baird Murray	M	v55	19.18
11	Carwyn Price	M	Senior	19.31
12	Donna Morris	F	v35	19.33
13	George Bebb	m	Senior	19.38
14	Darren Jarman	m	v35	19.57
15	Al Whitby	m	v55	19.58
16	Alfie Roberts	M	Senior	20.12
17	Rob Saunders	m	v35	20.16
18	Ryan McCluskey	M	v35	20.26
19	Damian Sidnell	M	v55	20.49
20	Mackenzie McCourt (12)	F	Senior	20.54
21	Ivan Courtier	M	v45	21.08
22	Bryan Bebb	m	v45	21.12
23	Pete Haigh	M	v35	21.4
24	Gareth Hughes	m	v35	21.45
25	Shaun Lawry	M	v45	22.08

26	Ifan Jones	M	v45	22.14
27	Julie Knill	F	v45	22.17
28	Maggie Collingborn	F	v55	22.32
29	Steven Mesham	m	v45	22.35
30	Danny Beeson	m	Senior	22.47
31	Steve Davies	M	v45	22.53
32	Nesta McCluskey	F	v35	23.12
33	Tony Davies	M	v45	23.17
34	Amy Greaves	F	v35	23.29
35	Stuart Kinrade	M	v35	23.53
36	Darran Thomas	M	v45	24
37	Christine Dowse	F	Senior	24.18
38	Helen Carter	f	v45	24.2
39	Gunvor Troelsen	F	v55	24.24
40	Karen Davies	f	v45	24.3
41	Cecilia Harman	F	v35	24.35
42	Rob Francis	M	v35	24.52
43	Mel Hopkins	M	v55	24.6
44	Lianne Rollinson	F	Senior	25.02
45	Rose Thomas	F	v65	25.08
46	Margaret Keville	F	v45	25.11
47	Paul Roberts	M	v45	25.15
48	Judy Baird-Murray	f	v55	25.23
49	Mabon McCluskey	m	Senior	25.29
50	Rachel Williams	F	v35	25.34
51	Cath Ealey-Fitzgerald	F	v45	25.42
52	Will Lerigo	M	v35	25.47
53	Kate Haigh	F	v35	26.2
54	Martha Roberts (16)	F	Senior	26.49
55	Steve Orrells	M	v65	26.5
56	Jane Bailey	F	v55	27.1
57	Dee Davies	F	v45	27.32
58	Ray Sharratt	m	v75	27.33
59	Lisa Evans	F	Senior	27.37
60	Janet Shanahan	f	v45	28.1
61	Karen Bebb	f	v45	28.32
62	Angela Davies	F	v45	28.34
63	Tracy Price	f	v45	28.5
64	Sam Pembridge	F	v35	28.51
65	Joshua Bebb (15)	m	Senior	28.53
66	Rachel Evans	F	v45	28.54
67	David Lloyd	M	v45	29.31
68	Jane Mesham	F	v55	29.43
69	Rhiannon Morgan	F	Senior	29.51
70	Tim Wilson	m	v45	30
71	Heather Webster	F	v45	30.13
72	Aly Broome	F		30.35
73	Claire Jones	f	v35	30.52

74	Brian Jardin	M	v55	31.1
75	Tim Hartles	M	v55	31.15
76	Caroline Orrells	f	v55	31.25
77	Hazel Lewis	f	v35	31.27
78	Hayley Jones/Hughes	F		31.33
79	Hayley Jones	f	v35	31.33
80	Laura Roberts	F	v45	31.42
81	Asher Evans	F	Senior	32.07
82	Karen Perry	F	v45	32.18
83	Dilys Roberts (12)	F	Senior	32.21
84	Dave Jones	M	v45	32.51
85	Roy Williams	M	v55	32.51
86	Hayley Heard	f	v55	33
87	Julie Heighway	F	v65	34.06
88	Zoe Mary Wood	F	v35	34.25
89	Steven Evans	M	v55	34.57
90	Sharon Jones	F	v45	35.02
91	Ellie Williams	F	Senior	35.37
92	Mike Turner	m	v65	40.27
93	Rachel Richards	f	v45	41.11
94	Brian Ashton	m	v65	41.43
95	Cath O'Reilly	F	Senior	42.19
96	Julie Lawrenson	F	v45	46.41