

## RRC 5k Series 2022 2nd Race

Pos	No.		Forename	Club	Age group	Gender	time
1	349	Schiavone	Owain	Aberystwyth AC	MV35	M	16:38:00
2	316	Edwards	Charlie	Maldwyn Harriers	MS	M	17:03:00
3	337	Morris	Phil	Builth & District	MV35	M	17:22:00
4	348	Roberts	Tomos	Cardiff AC	MS	M	17:55:00
5	336	Morris	Donna	Builth & District	FV35	F	18:02:00
6	335	Marston	Matthew	Merica Fell Runner	MS	M	18:12:00
7	366	Copus	Martin	Maldwyn Harriers	MV35	M	18:15:00
8	339	O'Reilly	Haydn	Builth & District	MV35	M	18:36:00
9	368	Iveson	Jacob	Builth & District	MS	M	18:56:00
10	343	Price	Lee	0	MV45	M	19:06:00
11	352	Sivell	David	0	MV35	M	19:12:00
12	360	Williams	Paul	Aberystwyth AC	MV55	M	19:32:00
13	355	Sullivan	Matthew	Builth & District	MS	M	19:33:00
14	350	Shackleton	Lee	Hereford Couriers	MV55	M	19:40:00
15	371	Simmons-Sandy	Kameron	Merist Triathlon Clu	MS	M	19:42:00
16	372	Thomas	Joshua	Builth & District	MS	M	20:02:00
17	321	Hambridge	Stephen	Builth & District	MV35	M	20:03:00
18	332	Lawrence	Gareth	Brecon AC	MS	M	20:07:00
19	307	Cook	Sophie	Builth & District	FV35	F	20:14:00
20	346	Price	Gareth	Builth & District	MV35	M	20:24:00
21	329	Jones	Kate	Builth & District	FS	F	20:34:00
22	345	Price	Josh	Builth & District	MS	M	21:04:00
23	367	Davies	Wayne	Maldwyn Harriers	MV35	M	21:12:00
24	374	Rees	Joanne	Builth & District	FV45	F	21:24:00
25	347	Pugh	Phillip	Maldwyn Harriers	MV35	M	21:32:00
26	363	Davies	Caryl	Sarn Helen	FS	F	21:38:00
27	310	Davies	Tony	Rhayader RC	MV55	M	22:06:00
28	369	Jakeman	Stephen	Maldwyn Harriers	MV55	M	22:22:00
29	324	Hillier	Richard	0	MS	M	22:33:00
30	328	Jones	Ifan	Maldwyn Harriers	MV55	M	22:49:00
31	323	Harris	Phillip	Builth & District	MV35	M	23:05:00
32	319	Francis	Rob	Maldwyn Harriers	MV35	M	23:06:00
33	311	Davies	Steve	Rhayader RC	MV45	M	23:07:00
34	317	Farrow	Jenny	Builth & District	FV45	F	23:21:00
35	364	Jones	Steve	0	MS	M	23:39:00
36	356	Sutherland	David	Builth & District	MV55	M	23:42:00
37	375	Troelsen	Gunvor	Builth & District	FV55	F	24:24:00
38	305	Carter	Helen	Builth & District	FV55	F	24:31:00
39	365	Copus	Chris	Maldwyn Harriers	MV65	M	25:27:00
40	353	Slater	Liz	0	FV65	F	25:36:00
41	315	Ealey-Fitzgeralc	Simon	Rhayader RC	MV45	M	25:36:00
42	359	Wilding	Hannah	Builth & District	FS	F	26:02:00
43	312	Davies	Raymond	0	MV35	M	26:17:00
44	370	Kendrick	Suzanne	Rhayader RC	FV55	F	26:19:00
45	309	Daly	Liam	Builth & District	MV55	M	26:43:00
46	351	Sharratt	Ray	Rhayader RC	MV75	M	27:00:00
47	314	Ealey-Fitzgeralc	Catherine	Rhayader RC	FV45	F	27:15:00
48	318	Fletcher	Georgina	Maldwyn Harriers	FV55	F	27:30:00
49	330	Jones	Emma	Maldwyn Harriers	FV35	F	27:58:00
50	338	Morris	Gareth	Builth & District	MV55	M	28:03:00

51	331	Kelly	Nicola	Builth & District	FV45	F	28:23:00
52	327	Jones	Diane	Maldwyn Harriers	FV45	F	28:39:00
53	303	Broome	Aly	Rhayader RC	FV35	F	29:23:00
54	322	Hardwick	Avril	Builth & District	FV35	F	30:09:00
55	357	Watt	Evie	Rhayader RC	FS	F	31:21:00
56	340	Orrells	Steve	Maldwyn Harriers	MV65	M	33:09:00
57	301	Banfield	Sandra	Dolly Mixtures	FV55	F	33:10:00
58	341	Orrells	Caroline	Maldwyn Harriers	FV55	F	47:00:00