

## Rhayader Running Club 5k Series, 3<sup>rd</sup> race results. 8<sup>th</sup> June 2022

1	349	Schiavone	Owain	Aberystwyth AC	MV35	M	0	16:43:00
2	316	Edwards	Charlie	Maldwyn Harriers	MS	M	0	17:12:00
3	337	Morris	Phil	Builth & District	MV35	M	0	17:24:00
4	386	Roberts	Morgan	0	MS	M	0	17:35:00
5	335	Marston	Matthew	Mercia Fell	MS	M	0	17:43:00
				Runners				
6	348	Roberts	Tomos	Cardiff AC	MS	M	0	17:43:00
7	336	Morris	Donna	Builth & District	FV35	F	0	18:00:00
8	366	Copus	Martin	Maldwyn Harriers	MV35	M	0	18:02:00
9	339	O'Reilly	Haydn	Builth & District	MV35	M	0	18:04:00
10	343	Price	Lee	0	MV45	M	0	18:53:00
11	352	Sivell	David	0	MV35	M	0	19:05:00
12	355	Sullivan	Matthew	Builth & District	MS	M	0	19:17:00
13	376	Davies	Rhys	Builth & District	MS	M	0	19:34:00
14	371	Simmons-Sandy	Kameron	Cerist Triathlon	MS	M	0	19:39:00
				Club				
15	332	Lawrence	Gareth	Brecon AC	MS	M	0	19:41:00
16	360	Williams	Paul	Aberystwyth AC	MV55	M	0	19:42:00
17	350	Shackleton	Lee	Hereford Couriers	MV55	M	0	19:46:00
18	307	Cook	Sophie	Builth & District	FV35	F	0	20:15:00
19	345	Price	Josh	Builth & District	MS	M	0	20:17:00
20	321	Hambridge	Stephen	Builth & District	MV35	M	0	20:27:00
21	367	Davies	Wayne	Maldwyn Harriers	MV35	M	0	20:42:00
22	346	Price	Gareth	Builth & District	MV35	M	0	20:45:00
23	329	Jones	Kate	Builth & District	FS	F	0	20:51:00
24	374	Rees	Joanne	Builth & District	FV45	F	0	21:05:00
25	347	Pugh	Phillip	Maldwyn Harriers	MV35	M	0	21:18:00
26	392	Davies	Richard	0	MS	M	0	21:23:00
27	363	Davies	Caryl	Sarn Helen	FS	F	0	21:32:00
28	388	Rowlands	Tom	0	MV65	M	0	21:39:00
29	361	Williams	Colin	Builth & District	MV55	M	0	21:46:00
30	377	Evans	Jenny	Maldwyn Harriers	FV35	F	0	22:10:00
31	310	Davies	Tony	Rhayader RC	MV55	M	0	22:23:00
32	379	Hutchinson	Terry-John	0	MV45	M	0	22:28:00
33	369	Jakeman	Stephen	Maldwyn Harriers	MV55	M	0	22:49:00
34	324	Hillier	Richard	0	MS	M	0	23:09:00
35	305	Carter	Helen	Builth & District	FV55	F	0	23:19:00
36	319	Francis	Rob	Maldwyn Harriers	MV35	M	0	23:22:00
37	378	Humphreys	Scott	Builth & District	MS	M	0	23:23:00
38	364	Jones	Steve	0	MS	M	0	23:40:00
39	356	Sutherland	David	Builth & District	MV55	M	0	23:47:00
40	323	Harris	Phillip	Builth & District	MV35	M	0	23:52:00
41	375	Troelsen	Gunvor	Builth & District	FV55	F	0	23:59:00
42	333	Lewis	Jo	Maldwyn Harriers	FV45	F	0	24:00:00
43	365	Copus	Chris	Maldwyn Harriers	MV65	M	0	24:55:00
44	353	Slater	Liz	0	FV65	F	0	25:14:00
45	312	Davies	Raymond	0	MV35	M	0	25:28:00
46	344	Price	Shannon	Builth & District	FS	F	0	25:31:00
47	326	Humphreys	Dave	Aberystwyth AC	MV55	M	0	25:41:00
48	315	Ealey-Fitzgerald	Simon	Rhayader RC	MV45	M	0	25:44:00
49	387	Robinson	Isabelle	Builth & District	FS	F	0	25:47:00
50	370	Kendrick	Suzanne	Rhayader RC	FV55	F	0	26:12:00
51	359	Wilding	Hannah	Builth & District	FS	F	0	26:26:00
52	314	Ealey-Fitzgerald	Catherine	Rhayader RC	FV45	F	0	27:41:00
53	331	Kelly	Nicola	Builth & District	FV45	F	0	27:53:00
54	318	Fletcher	Georgina	Maldwyn Harriers	FV55	F	0	28:00:00
55	384	Price	Rebecca	Builth & District	FS	F	0	28:17:00
56	330	Jones	Emma	Maldwyn Harriers	FV35	F	0	28:28:00

57	338	Morris	Gareth	Builth & District	MV55	M	0	28:44:00
58	327	Jones	Diane	Maldwyn Harriers	FV45	F	0	28:51:00
59	303	Broome	Aly	Rhayader RC	FV35	F	0	28:57:00
60	351	Sharratt	Ray	Rhayader RC	MV75	M	0	29:40:00
61	322	Hardwick	Avril	Builth & District	FV35	F	0	30:00:00
62	381	Morgan	Stephanie	Builth & District	FV65	F	0	30:07:00
63	301	Banfield	Sandra	Dolly Mixtures	FV55	F	0	33:46:00
64	309	Daly	Liam	Builth & District	MV55	M	0	33:55:00
65	380	Marshall-Smart	Christine	Dolly Mixtures	FV55	F	0	35:09:00
66	382	Price	Derek	Rhayader RC	MV65	M	0	35:40:00